

LIFE QUALITY SURVEY

Score

1. How many evenings (each week) do you work instead of spending time with loved ones?

7 → 0

Score 1 → 10

2. How many weekends each month do you work instead of spending quality time with loved ones?

4 → 0

Score 1 → 10

3. How many date nights have you had with your loved ones in the last six months?

0 → 48

Score 1 → 10

4. How do you feel about your financial security at this moment?

No money in Savings vs. \$1,000,000 in liquid assets

Score 1 → 10

5. How do you feel about your current debt situation?

Lots of uncovered debt eating away at your savings & other investments. vs. Covered debt throwing off strong positive cash flow each month.

Score 1 → 10

6. How many weeks of vacation did you take in the last year with your loved ones?

0 → 8-12

Score 1 → 10

7. How much time during the last month have you spent in quiet reflection of your life?

0hrs. → 60 hrs.

Score 1 → 10

8. How much time during the last month have you spent in rigorous exercise improving your strength and over all physical condition?

0hrs. → 120hrs.

Score 1 → 10

9. What is your current wealth?

Bankrupt → Multi-Millionaire

Score 1 → 10

10. How may days per month do you spend time doing what you love to do?

0 → 30

Score 1 → 10

11. How much do you give back to the well being of others?

Donate Zero effort to helping others → \$\$\$ - Multitude of time helping less fortunate donating 10% of all earnings to a good cause

Score 1 → 10

12. Where are you spiritually?

No thoughts what so ever on the subject vs. Completely in tune with your higher spiritual existence

Score 1 → 10

Total Score

SCORING 1-100

SCORE:

1-25	Poor Life Quality - Totally Stressed
26-50	So, So Life Quality - Getting By
51-75	Good Life Quality - Enjoying Life
76-100	Excellent Life Quality - Living a Successful & Rewarding Life